

FAQ's

Do I need to enroll my child in the myopia management program?

When using any of the above treatment modalities, we do require enrollment into HVC's myopia management program. This allows the doctor to properly follow and manage patients on any of the myopia treatments (spectacles, contact lenses, or atropine).

Which treatment is most effective?

All treatment options used at HVC have proven to significantly slow axial length elongation and myopic progression. Each patient is unique, and your doctor will work with you and your child to determine the most effective treatment plan for their eyes.

Will my child's prescription stop changing?

Hopefully yes, but in most cases children will still have some progression of myopia even with treatment. However, the progression will be significantly less than with regular glasses/contacts.

How do you know if the treatment is working?

Axial length (front to back length of the eye) is the most accurate way to measure myopic progression. Growth charts are used to monitor progress against age-matched norms and ensure that the chosen treatment modality is effective.

How long is treatment needed for?

Generally, treatment with myopia management modalities should continue through the age of 16; when most children's eyes have a significant slowing of axial length growth.

Why have I not heard of this before?

Myopia Management is an emerging area of primary eyecare. Many of these treatments have been available for several years in other countries and are just now making their way into the US market. At HVC, our doctors ensure that all treatments used are safe and effective before implementing them into our practice. With the addition of the Stellest spectacle lenses and axial length measuring, Hillsboro Vision Clinic is able offer a full complement of myopia management options and use the latest technology to provide safe and effective treatment methods.